Kodiak Community Resource List



Kodiak Area Native Association (KANA) Website: www.kodiakhealthcare.org

Mailing/Main office: 3449 Rezanof Dr. East	Near Island office: 194 Alimaq Drive	
Main number: (907) 486-9800	Community Services: (907) 486-9879	

Mill Bay Clinic: 2414 Mill Bay Rd. Mill Bay Clinic: (907) 486-7300

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AGING ADULTS SERVICES

Adult Protective Services – State of Alaska Senior and Disabilities Services Website:

http://dhss.alaska.gov/dsds/Pages/aps/default. aspx

Contact..... 1(800) 478-9996

Helps to prevent or stop harm from occurring to adults who are incapable of taking care of themselves

Bayview Terrace Assisted Living

309 Erskine Avenue Website: www.bayviewkodiak.com Email: <u>bayviewalf@gci.net</u>

- Medicaid & Insurance Accepted •
- Housing Vouchers Accepted

Kodiak Island Housing Authority

(See Listing Under Housing & Shelter Assistance)

Emerald Heights Apartments

Alimag Drive – Near Island

- Housing Suites for ages 55+ ٠
- Native preference ٠

Heritage Heights

- Safe and Affordable Senior Living
- Assistance with:
 - Daily living activities 0
 - Light housekeeping 0
 - Laundry services 0
 - Meal preparation and delivery 0
 - Transportation services 0

Senior Benefits – State of Alaska Division of **Public Assistance** 855 West Commercial Drive Wasilla, AK 99654 Website: http://dhss.alaska.gov/dpa/Pages/seniorbenefit s/default.aspx Contact......1(888)352-4150 Age 65 or older

- Live in Alaska voluntarily and intend to make Alaska your home
- Income under the limits for senior benefits •

Senior Citizens of Kodiak, Inc

302 Erskine Avenue

Website: www.kodiakseniorcenter.org

Kodiak Senior Center

Contact	(907) 486-6181
Toll-Free	1(800) 774-6181

- Mon Fri, 8:30am 5pm
- Supportive services for individuals age 60 and over
- Information & referral including benefits, • housing, Medicare, etc.
- Activities, exercise & special events ٠
- Congregate meals 5 days a week
- Home delivered meals 7 days a week •
- Transportation through KATS ٠
- Equipment loans ٠
- Medical Power of Attorney and Advanced ٠ Directives paperwork available at Senior Center

Family Caregiver Support Program

Contact	(907) 486-6181
Toll-Free	1 (800) 774-6181

Serving people 60 and older and their ٠ families no matter where the senior lives

- Family support groups
- Respite
- Lifeline services
- Training ٠
- Lending Library

Island Cove Adult Day Program

Website:

www.kodiakseniorcenter.org/services/islandcove.html

Contact	(907) 486-2203
Toll-Free	1(800) 774-6181

- Hours: Mon Fri, 8am 5pm and Sat - Sun 9:30am - 3pm
- An active and safe environment for seniors and those with dementia, traumatic brain injury and other disabilities

Senior in Home Services

Contact	(907) 486-6181
Toll-Free	1(800) 774-6181

- For people 60 and older
- Case management
- Chore services

Additional Online Resources to Consider:

Legal Resources for Seniors

www.justgreatlawyers.com/legal-resourcesconsiderations-seniors-special-needs

Making the Move to Assisted Living

www.homecity.com/making-the-move-toassisted-living

CHILDREN'S SERVICES

KANA Child Care Assistance Services

194 Alimag Drive

Contact	(907) 486-9820
Fax	(907) 486-4829

- Serving Alaska Native and American Indian ٠
- Hours: Mon Fri, 8am 4:30pm

KANA Infant Learning Program (ILP)

194 Alimag Drive

- Assistance to ANY family whose infant or • toddler is at risk for developmental delay or has been identified with special needs.
- Developmental screenings and evaluations for children birth to age three.
- The Ages & Stages Questionnaires for families who want to monitor and learn about their child's growth and development.
- Assistance to parents interested in learning ways to play with their young child to encourage learning and development.
- Toddler group offered to families with children enrolled in ASQ/ILP.

KANA Kodiak Child Advocacy Center (CAC)

Specialized facility in which a multidisciplinary team of representatives from many agencies work together to conduct interviews, provide medical care and make team decisions about the

investigation, treatment, management and advocacy of child maltreatment cases.

Kodiak Baptist Mission (KBM)

1944 East Rezanof Drive

Website: www.kodiakbaptistmission.org

Fax......(907) 486-5567

Sonshine Christian Preschool and Daycare

- Hours: Mon Fri, 7:30am to 5:30pm ٠
- Year round service provided •
- Ages 3-5 ٠
- Scholarships Available

After School Recreation for Kids (ARK)

- Hours: Mon Fri, after school and "No School" days
- After school pick-ups are available from **ALL** elementary schools
- Services during the school year ٠
- Grades: K 5
- Scholarships Available ٠

Island Summer Adventures Day Camp

- Hours: Mon Fri, 7:30am 5:30pm •
- Services all summer •
- Children entering Grades 1-8 ٠
- Scholarships Available

Kodiak Christian School

3300 Rezanof Drive

Website: www.kodiakchristianschool.com

Contact	(907) 486-4905
Fax	(907) 486-2463

- Preschool through eighth grade
- Holistic approach to education
- Christ-centered educational program •

Kodiak Crisis Pregnancy Center (See Listing Under Parenting Support)

Kodiak Island Borough School District **Developmental Pre-School**

722 Mill Bay Road

/		
Website: www.peterson.kibsd.org		
Contact	(907) 481-6415	
o Contact Kim Saunders		
Email	ksaunderso1@kibsd.org	

Kodiak Public Library

612 Egan Way	
Contact	(907) 486-8686

Lap Sit Story Time

- Every Wed 10:30am 11am ٠
- Ages o-36 months old
- Enjoy age-appropriate stories and songs as you bond with your child

Toddler Story Time

- Every Fri 10:30am 11am
- Ages 3 years old
- Expose kids to everyday concepts and vocabulary through stories

Discover Story Time

- Every Thurs 11am 11:30am
- Ages 4-5 years old

Kodiak National Wildlife Refuge Visitor Center

402 Center Avenue

Salmon Camp (June – August)

- Educate youth about Kodiak's natural and cultural systems
- Scholarships available
- Grades K 8

FUN Program

- Every Tues 10:30am 11:15am
- Ages 3-5 years old
- Stories, songs, puppets, and crafts

The LeeShore Center – State of Alaska

325 South Spruce Street, Kenai AK

Website: www.leeshoreak.org

Child Care Assistance Program

Contact	(907) 287-4707
Fax	(907) 283-4681

- Hours: Mon Fri, 8am to 5pm
- Assisting Natives & non-Natives

MOPS-Mothers of Preschoolers (Sept – May)

416 Island Lake Road, Kodiak Bible Chapel Website:

- Meets 1st and 3rd Tues
- Program designed to nurture expectant mothers up to those with 5 year olds
- Child care in the MOPPETS Program is split into three age classes:
 - o Birth-2 Years
 - o 2-3 Years
 - o 4-5 Years

Office of Children's Services

316 Mission Road, Suite 215

Website: <u>www.dhss.alaska.gov/ocs</u>

Contact	(907) 486-6174
Fax	(907) 486-4104

- Child Abuse and Neglect Services
- Foster Care

River of Life Christian Fellowship Daycare Center 2050 Selief Lane Email: riveroflifechristianfellowshipdaycarecenter@al

aska.net

Contact	(907) 486-7652
Contact	(907) 654-4617
Fax	(907) 486-7653

- Open Mon-Fri
- Daycare hours: 7:30 AM-5:30 PM
- Accepts Ages: 0-12 years

Rural CAP – Kodiak Head Start

419 Hillside Drive

Website: www.ruralcap.com

Preschool

Contact...... (907) 486-4963

- Assisting all low income families
- Ages 3 to 5

Rural CAP - Parents as Teachers

• (See Listing Under Educational Resources)

St. Mary's School

2932 Mill Bay Road Website: <u>www.stmaryskodiak.org</u> Contact...... (907) 486-3513

- Open Mon Fri
- 8:30am 11:30 am
- Offer preschool and K-8th grade

St. Paul's Preschool

- Open Mon Fri
- Daycare hours: 7:30am 5pm
- Morning Preschool 9am 11:30am
- Afternoon Preschool 12:30pm 3pm
- Accepts ages 24 months 8 years

Sun'aq Tribe of Kodiak

312 West Marine Way	
Website: <u>www.sunaq.org</u>	
Child Care Assistance Pro	gram
Contact	(907) 486-4449
Fax	(907) 486-3361

Serving Sun'aq tribal members only

United States Coast Guard – Base Kodiak

Child Development Center

Building N-41

Contact...... (907) 487-5481

- Mon Fri (Closed federal holidays)
- Serving ages 6 weeks 12 years
- Accredited by the National Association for the Education of Young Children
- Priority enrollment to USCG personnel and other federal employees

Child Development Services

Building N-27 (5th Floor of Commissary)

- Contact...... (907)487-5525 ext.2
 Family Child Care Certification for Coast
- Guard HousingRed Cross Babysitter's Training for military
- youth
 Connecting military families to youth services in Kodiak

Clothing

Coastal Creations

- Consignment Clothing
- Hours: Vary by season

High Tide Consignment Store

• Hours: Mon - Fri 11am to 4pm

Kodiak Area Native Association

194 Alimaq Drive

Family Services

Contact...... (907) 486-9882

- Drop off Diaper Drive
- Assisting low income families
- Works with KWRCC and Kodiak Crisis Pregnancy

Kodiak Crisis Pregnancy Center

(See Listing Under Children's Services)

Kodiak Women's Resource & Crisis Center

(See Listing Under Housing and Shelter Assistance)

The Salvation Army Thrift Store

1855 Mission Road Website: www.salvationarmyalaska.org/alaska/kodiak_c orps

Contact...... (907) 486-8530

Fax...... (907) 486-2978

- Hours: Tues Sat, 10am 4pm
- Donations also accepted at this location

St. Mary's Thrift Store

2918 Mill Bay Road

Website: www.stmaryskodiak.org

- Contact..... (907) 486-5408
- Hours: Thurs Sat 10am 4pm

DISABILITY SERVICE PROVIDERS

Anchorage Social Security Office

Kodiak Job center

211 Mission Road, Suite 103

Contact (907) 486-3105

- Staff from the Anchorage Social Security office is available to answer questions via videoconferencing.
- Every 2nd and 4th Tues of each month from gam to noon.

Alyeska Vocational Services

2221 E. Northern Lights Boulevard, Suite 108 Anchorage AK, 99508 Website: <u>www.wvs.org</u>

Email: navigator@wvs.org

- Contact..... (907) 562-7019 Fax...... (907) 344-7284
- Providing a range of resources and services to deaf and hard of hearing Alaskans to improve long-term employment and housing options

ATLA (Assistive Technology of Alaska)

3330 Arctic Boulevard, S	uite 101
Anchorage, AK 99503	
Website: www.atlaak.or	g
Email: <u>atla@atlaak.org</u>	
Contact	(907) 563-2599
Toll Free	1(800) 723-ATLA
Fax	(907) 563-0699

- Assisting with blind/low vision, communication, deaf/hard of hearing, environmental controls, and learning barriers.
- Assisting any age, living in Alaska, and needing assistive technology

Independent Living Center

211 Mission Road, Suite 206 & 208	
Website: www.peninsulailc.org	
Fax(907) 486-0409	
Aging and Disability Resource Center (ADRC)	
Contact (907) 486-0493	
• Eligibility and pre-screenings for Medicaid	
waivers	
Information and Referral services	
Short Term Assistance and Referral Program	
(STAR)	
Contact	
Assistance in accessing resources for	
individuals with intellectual and	
developmental disabilities	
Veterans Options for Independence, Choice	
and Empowerment (VOICE)	
Contact (907) 486-0493	
• Veteran-Directed Home and Community	

 Veteran-Directed Home and Community Based Services Program (VD-HCBS)

KANA Tribal Vocational Rehabilitation 194 Alimag Drive

- Fax...... (907) 486-4829Assisting Native individuals with
- disabilities/barriers to employment
- Employment counseling and guidance
- Job development and job skills training
- Vocational training and education

Division of Vocational Rehabilitation- State of Alaska Department of Public Assistance

211 Mission Road Suite 101

Website: www.labor.state.ak.us/DVR

Contact...... (907)486-5787/5788

- Mon Fri 8am 5pm
- Assisting all Kodiak Island residents
- Assisting individuals with disabilities

Threshold Services

(See Listing Under Employment Services)

DURABLE MEDICAL EQUIPMENT

Geneva Woods

- Hours: Mon Fri 9am 6pm
- Home Medical Equipment and Supplies
- Retail and Compounding Pharmacy
- All major insurances accepted, including Medicare, Medicaid and Tricare

- Home Medical Equipment and Supplie
 Accort most major insurance, including
- Accept most major insurance, including Medicare and Medicaid
- Accepts private pay

Senior Citizens of Kodiak, Inc (See Listing Under Educational Resources)

Terra Cupp (Local Resident)

Contact...... (907) 942-5499

- Lending Closet
 - Beds, walkers, crutches, commodes, suction machines, splints, scooters, canes, etc.
 - o Adult diapers

Educational Resources

KANA EMS Training Courses

3449 Rezanof Drive East

Contact...... (907) 486-1354

- Offering EMT-1 (Basic), ETT (Emergency Trauma Technician, BLS (Basic Life Support), CPR, First Aide, Baby Sitter CPR/First Aide, AED, and CPR/AED combo classes
- Call to set up a training course or for more information. Maximum class size is 12 people per instructor

KANA Higher Education Scholarships

194 Alimaq Drive

Contact...... (907) 486-9820

- Financial aid for Akhiok, Kaguyak, and Port Lions tribal members
- Financial aid also for
 - o GED/Adult Basic Education
 - o General Higher
 - Education/Vocational Assistance

Contact...... (907) 486-1358

• Financial aid for Tangirnaq Tribal members

KANA Infant Learning Program (ILP)

(See Listing Under Children's Services)

KANA Tobacco Prevention and Control Program

(See Listing Under Prevention Services)

KANA Women, Infant, and Children (WIC) Program

(See Listing Under Food Assistance)

Kodiak College - University of Alaska Anchorage

117 Benny Benson Drive

Website: www.koc.alaska.edu

Adult Basic Education

Contact...... (907) 486-1201

- GED Courses
- English as a Second Language
- Career and College Preparation
- Citizenship courses

Learning Center

- Contact...... (907) 486-1203
- Offers tutoring
- Hours: Mon Thurs 10am 8pm

• Fri 10am – 5pm

Library

Contact...... (907) 486-1238

- Mon Thurs 11am 8pm
- Fri 11am 5pm
- Sat Noon 5pm

Student Services

Contact	(907) 486-1266
Fax	(907) 486-1264

• Registration, Education Counseling, Financial Aid

Kodiak Crisis Pregnancy Center

(See Listing Under Children's Services)

Kodiak Island Borough School District

• Hours: Mon – Fri 8am to 5pm

Rural CAP - Parents as Teachers

1941 B Mill Bay Road

Website: www.ruralcap.com

 Providing information, support, and encouragement parents need to help their children to develop optimally during the crucial early years of life through free personal visits, group socials, screenings, and resource referrals

Providence Kodiak Island Medical Center 1915 East Rezanof Drive Kodiak Kindness (See Listing Under Parenting Support) **Birthing Class** Classes taught by Providence nurse Suggest to start taking classes at or before • 20 weeks of pregnancy Every Wednesday from 5:30pm – 6:45pm • Classes are free • American Heart Association Basic Life Support (BLS) skills check off o Course must be completed online prior to skills check off o 2nd Thursday each month o Start at 3pm Senior Citizens of Kodiak, Inc (See Listing Under Social Services) Sun'ag Tribe of Kodiak 312 West Marine Way Website: www.sunaq.org **Higher Education** • Assisting Sun'ag tribal members only **KANA** Tribal Vocational Rehabilitation

(See Listing Under Disability Service Providers)

State of Alaska Division of Vocational Rehabilitation (See Listing Under Disability Service Prov

(See Listing Under Disability Service Providers)

Alyeska Vocational Services

(See Listing Under Disability Service Providers)

EMPLOYMENT SERVICES

Human Resource Center of Alaska

202 Center Avenue

Contact	(907) 486-7614
Fax	. (907) 486-3308

- Hours: Mon Fri, 9am 5pm
- Temporary employment agency
- Licensed security Guard Facility
- Offering Copy, Fax, Internet, and Notary Services

KANA Employment, Training and Support Services Department

194 Alimaq Drive

Contact...... (907) 486-9879

- Assisting all Alaska Natives and American Indians in Koniag region
- Employment resources (Job search, resume, application, interview preparation)
- Vocational/Technical training: Financial assistance for Alaska Natives and American Indians residing in Akhiok and Port Lions

Kodiak Job Center

- Employment resources/Application assistance
- Veterans and rehabilitation services

• Unemployment

Threshold Services

380 Von Scheele Way Website: <u>www.thresholdkodiak.org</u>

- Providing work and training opportunities for people with disabilities
- Volunteer opportunities

KANA Tribal Vocational Rehabilitation

(See Listing Under Disability Service Providers)

State of Alaska Division of Vocational Rehabilitation

(See Listing Under Disability Service Providers)

FOOD ASSISTANCE

Brother Francis Shelter

410 Thorsheim Street

Contact...... (907) 486-5610

- Emergency Shelter and Meals
- Assisting men, women, and children
- Hours: 7 days a week, 8:30pm 7:30am
- Homeless Prevention and Rapid Rehousing 9am to 5pm

Food Stamps-State of Alaska Department of Public Assistance

211 Mission Road, Suite 101

Website:

www.dhss.alaska.gov/dpa/Pages/fstamps

Contact	(907) 486-3783
Fax	(907) 486-3116

• Assisting all Kodiak Island residents

 Benefit amounts depend upon household size, net income, and location of residence.

KANA Title VI – Senior Meal Program

- Serving Native and non-Native seniors aged 55 and up, their spouses, and disabled adults in the villages of Akhiok, Larsen Bay, Old Harbor, Ouzinkie, and Port Lions
- Congregate and home delivered meals provided in Ouzinkie, Port Lions, Larsen Bay and Old Harbor
- Quarterly food boxes provided in Akhiok

Kodiak Area Women, Infants, and Children (WIC) Program

2414 Mill Bay Road

- Assisting with supplemental foods
- Growth and development monitoring, diet assessment, and nutrition education services
- Breastfeeding services and support
- Assisting Native and non-Native community members

Kodiak Baptist Mission (Kodiak Island Food Bank)

1944 E Rezanof Drive

Website: www.kodiakbaptistmission.org

Contact	. (907) 486-4127
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 Hours: Mon 2pm - 4pm and Thurs Noon -4pm

Kodiak Crisis Pregnancy Center

(See Listing Under Children's Services)

Kodiak Island Borough School District

722 Mill Bay Road

Website: www.kibsd.org

Summer Lunch Program

- June 2nd August 14th
- Assisting low income households
- Public Assistance households and Migrant Education Students receive free meals
- Ages 1 to 18 receive free lunch
- Adults can receive lunch for \$5.00
- Applications are on available on website

The Salvation Army (Food Bank)

1855 Mission Road Website:

Contact	(907) 400-0740
Fax	(907) 486-2978

• Hours: Fri 2pm – 2:30pm

Senior Citizens of Kodiak, Inc.

(See Listing Under Social Services)

HEALTHCARE SERVICES

A Balanced Approach

3833 Rezanof Drive East **Website: <u>www.abakodiak.com</u>**

Contact...... (907) 512-0860

- Group Fitness classes
- Personal Training Services

Alaska Health Insurance Premium Payment Program (HIPP)

4710 Business Park Boulevard, Suite F24 Anchorage, AK 99503

Contact..... 1(866) 251-4861

• To help Medicaid and Denali KidCare recipients with costs associated with health insurance

Arctic Physical Therapy Services Inc.

813 Mill Bay Road

Website: <u>www.arcticphysicaltherapy.com</u>

Contact...... (907) 486-4499

Orthopedic Services

- Back, Neck, Shoulder, Arm, Hip, Knee, and Foot/Ankle pain
- Rehabilitation after surgery
- Sacroiliac Joint Dysfunction
- Prenatal & Postpartum Pain
- Custom Orthotic Fittings

Neurological Services

- Functional Mobility Training
- General Strengthening and Conditioning
- Vestibular and Balance Disorders
- Fall Risk Prevention
- Home Safety
- Gait Training

Treatment

- Therapeutic Exercises
- Work Ergonomics and Posture Retraining
- Manual Therapy
- Modalities to assist with pain reduction, inflammation reduction, edema reduction
- Electrical Stimulation
- Microcurrent e-stim
- Ultrasound

• Cervical and Lumbar Traction

Consumer Direct Personal Care

1941 Mill Bay Road # B

Website: <u>www.consumerdirectak.com</u>

- Contact...... (907) 486-3070
- Providing in-home health maintenance support
- Accepts Medicaid, Medicare, Private Insurance and Private Pay

Hope Community Resources

917 Mill Bay Road

Website: www.hopealaska.org

Contact	(907) 512-2500
Fax	(907) 486-5019

- Mon Fri 8am 5pm
- Providing services and support for individuals and families who experience developmental disabilities

Hospice and Palliative Care of Kodiak

Providence Kodiak Island Medical Center 1915 E Rezanof Drive

Website: <u>www.hospiceofkodiak.orq</u>

• Providing care for those in the Kodiak community facing threatening illness or loss.

KANA Behavioral Health

• Hours: Mon – Fri, 8am – 4:30pm

KANA Dental Clinic

3449 Rezanof Drive East	
Contact	486-9850
 Hours: Mon – Fri, 8am – 5pm 	

KANA Medical Clinic

- Hours: Mon Fri, 8am 7pm
- Sat 9am 2pm

KANA Parenting with Love and Limits

(See Listing Under Parenting Support)

KANA Substance Abuse Services

3449 Rezanof Drive East

Contact...... (907) 486-9812

- Assisting Native & non-Native
- Chemical Dependency Program
- Meth and Suicide Prevention Program
- Tobacco Cessation Program

KANA Wellness Center

3400 Rezanof Drive East

Contact...... (907) 486-1377

- Hours: Mon Fri 5:30am 8pm Sat – Sun 10am – 4pm
- Alaska Natives and their spouses, Veterans, and KANA Employees
- Offering fitness classes.
- Personal training available; call to set up an appointment and for more information.

Kodiak Community Health Center 1911 East Rezanof Drive

Website: www.kodiakchc.org

Fax.....(907)481-5030

- Mon Fri, 8am 7pm and Sat 9am 3pm ٠
- Medical and Dental Services ٠
- Adult Primary, Pediatric, Chronic Disease Management, Obstetrical (OB)
- Care & Deliveries

Kodiak Island Ambulatory Care Clinic

202 Center Avenue, Suite 102

Contact	(907) 486-6188
Fax	(907) 486-6146

- Hours: Mon Fri 8am 6pm and Sat 9am-٠ 1pm
- Assists everyone ٠
- No insurance self-pay option ٠
- Family Medicine, Urgent Care, Walk-in Clinic
- **Offers Allergy Shots** ٠
- Laboratory Services

Kodiak Public Health Center

316 Mission Road, Suite 207

- Hours: Mon Fri, 8am 4:30pm
- Sliding fee scale; no one denied services due to inability to pay
- Services available for ages birth through 29 ٠
- Immunizations •
- STI assessment, counseling and treatment ٠
- Confidential teen services ٠
- Birth control and Pregnancy screening •
- Wellness Child checks up to age 6

All ages - TB evaluation, consultation and treatment

Mill Bay Health Center

2414 Mill Bay Road

- Hours: Mon Fri 8am 6pm and Sat 10am – 5pm

North Pacific Medical Care

104 Center Avenue, Suite 100

Co	ntact	(907)486-4183
•	Hours: Mon – Fri, 8am – 5pm	l

North Sister Yoga and Ayurveda

(See Listing Under Parenting Support)

Providence Kodiak Island Medical Center

1915 East Rezanof Drive Website: www.alaska.providence.org Long Term Care Center 1838 East Chichenof Street • 7 days a week, 24 hour elder care Specialty Clinic • Pediatrics, urology, allergy, dermatology, podiatry, psychiatry, gynecology, audiology and ear, nose and throat specialists Palliative Care Services Therapy Services

- Services available to everyone
- Physical therapy •

- Speech and Language
- Occupational Therapy
- •

Offers Pediatric services **Providence Kodiak Island Counseling Center** 717 Rezanof Drive East Website: www.alaska.providence.org Fax.....(907)481-2419 Alcohol Safety Action Program (ASAP) Behavioral Health Clinician at Kodiak Kodiak Community Health Center (Primary Care) Mental Health Clinicians in the Schools Program Outreach Programs

Psychiatric Care and Outpatient Mental

		,
Health	Counseling	Services

Psychiatric Emerge	ency Services
Contact	(907) 486-3281 (PKIMC)
Substance Abuse –	- Safe Harbor Program
Contact	(007) (81 2000

Contact	
Urine Analysis and Br	reathalization Program
Contact	
Fax	(907) 481-2419
Emergency	(907) 539-1617

Senior Citizens of Kodiak, Inc (See Listing Under Social Services)

State of Alaska Department of Public Assistance

211 Mission Road Suite 101

Denali KidCare

Contact.......denali.kid.care@alaska.gov

• Health insurance coverage for pregnant women, children, and teens through age 18

Medicaid

Website:

www.dhss.alaska.gov/dpa/Pages/Medicaid

Contact...... (907) 486-3783

• Health insurance for low-income children, pregnant women, families, the elderly, blind and the permanently disabled

Healthcare Services – Uninsured/under insured

Kodiak Island Ambulatory Care Clinic (See Listing Under Healthcare Services)

Consumer Direct Personal Care (See Listing Under Healthcare Services)

Kodiak Public Health Center (See Listing Under Healthcare Services)

Providence Kodiak Island Medical Center (See Listing Under Healthcare Services)

State of Alaska Department of Public Assistance

211 Mission Road, Suite 101 Chronic & Acute Medical Assistance

Website:

www.dhss.alaska.gov/dhcs/Pages/cama

Contac	t				(907) 4	.86-3783
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 Health Care Coverage for people age 21-64 who do not qualify for Medicaid benefits, have very little income, and have inadequate or no health insurance

Housing & Shelter Assistance

Alaska Housing Finance Corporation 521 Maple Avenue

Website: www.ahfc.us

- Contact...... (907) 486-5513
- Mon Fri 8am 5pm
- Offers both public housing and housing choice voucher programs only.

Bayview Terrace Assisted Living

(See Listing Under Aging Adult Services)

Brother Francis Shelter

410 Thorsheim Street

Contact...... (907) 486-5610

- Emergency Shelter and meals
- Assisting men, women, and children
- Hours: 7 days a week, 8:30pm 7:30am, with client intake from 8:30pm – 10:30pm
- Homeless Prevention and Rapid Rehousing – 9am to 5pm
- 30 day max stay

- 22 bed long term care
- Full dietary services, skilled nursing care, physical and occupational therapy, social services, activity therapy, spiritual services.
- A demonstrated need for 24 hour nursing care is required.

Fir Terrace Apartments

- Fully subsidized community
- Very low to moderate income families, elderly persons, and persons with disabilities

Kodiak Island Housing Authority

3137 Mill Bay Road

Website: <u>www.kodiakislandhousing.com</u> Contact......(907) 486-8111

- Hours: Mon Fri, 8am 4:30pm
- All applications available online
- Drug and alcohol free housing

Native preference for:

- Life Builders Young Adult Transitional Housing
 - o Ages 18-24
 - For young adults ready to move toward self-sufficiency
 - Skill Building Program: Education, employment, money management, social skills, nutrition and cooking, emotional support, life skills
- Low Income and Fixed Income Housing
- Mortgage Loans
- Senior and Disabled Housing Native only assistance for:
- Weatherization Renovation

- Rental Assistance Vouchers
- Student Rental Assistance

Kodiak Women's Resource & Crisis Center

422 Hillside Drive

Website: <u>www.kwrcc.org</u>

Email: <u>kwrcc@gci.net</u>

Contact	(907) 486-6171
Crisis Line	(907) 486-3625
Toll-Free	1(888) 486-3625
Fax	

- Serves Women, Children, and Men
- Services: Counseling, Support, Assistance
- Free assistance with protective orders, custody, divorce, dissolution, child support, victim's compensation & more.

State of Alaska-Division of Public Assistance

Website: <u>www.dhss.alaska.gov/dpa/</u> *Heating Assistance Program* Website: <u>http://heatinghelp.alaska.gov</u>

E-mail: liheap@alaska.gov

Contact	
Contact	. 1(888) 804-6330

• Assists Alaskan households with a portion of home heating expenses

General Relief Assistance

Contact...... (907) 486-3783

• Designed to meet the basic needs in emergency situations to include; shelter, utilities, food, and clothing.

The Salvation Army Transitional Housing

1855 Mission Road

Website:

www.salvationarmyalaska.org/alaska/kodiak_c orps

Contact	. (907) 486-8740
Fax	. (907) 486-2978

- Transitional housing for adults males who have completed residential substance abuse treatment programs, or those who need time to transition into permanent housing.
- Short term medical transitional living.
- The monthly fee for transitional housing is based in income
- Intake is by referral only Hours: Mon Thurs

LEGAL ASSISTANCE

Alaska Court Services

• Services offered: Service of Process, Bank Sweeps, Social Security Searches, Public Records Retrieval, Permanent Fund Dividend Execution, Address Searches

Alaska Immigration Justice Project (AIJP)

 Providing low-cost immigration legal services to immigrants in all immigration applications, including citizenship applications, permanent resident status, work permits, family petitions, and petitions for domestic violence victims. Providing translation/interpretation services.

Alaska Legal Services Corp

110 North Willow Street, Suite 132 Kenai, AK 99611 Website: <u>www.alsc-law.org</u> E-mail: kenai@alsc-law.org

E mail: <u>Remai@alse lam.org</u>	
Contact	(907) 395-0352
Toll Free	1(855) 395-0352
Crisis Line	(907) 486-3625
Fax	(907) 395-0938

 Serving Alaskans with the greatest social and economic need: Domestic violence victims, individuals with disabilities, and people residing in rural areas with limited access to legal counsel.

Alaska Pro Bono Program

(See Kodiak Women's Resource & Crisis Center Listing Under Housing and Shelter Assistance)

Consumer Direct Personal Care

1941 Mill Bay Road # B

Website: www.consumerdirecta	<u>ak.com</u>
Contact	. (907) 486-3070
Fax	. (907) 481-3071

- Free Notary Services for Medical Power of Attorney (POA) and Advanced Directives
- Limited Medical POA Consumer Direct Customers only
- Durable POA won't advise, but will notarize

Disability Law Center of Alaska 3330 Arctic Boulevard, Suite 103 Anchorage, AK 99503

Website: http://www.dlcak.org

Email: akpa@dlcak.org

Contact..... 1(800) 478-1234

- 8am 4:30pm
- Independent, nonprofit law firm providing legal advocacy for people with disabilities in Alaska.

Division of Juvenile Justice

204 Mission Road, Room 131

Website:

http://dhss.alaska.gov/djj/Pages/Probation/dive rsion.aspx

- Officers Don Lewis and Tim Luther
- Assisting minors up to age 19
- Helps low-risk juveniles offenders
- Hours: On-call 24 hours a day

Family Law Self-Help Center

Website:

http://www.courts.alaska.gov/selfhelp.htm	
Contact 1(866) 279-08	51

Kodiak Court House

204 Mission Road, Room 124	
Contact	(907) 486-1600
Jury Recording	(907) 486-1601

- Superior Court
- Court records

Other

Alaska Temporary Assistance Program-State of Alaska Division of Public Assistance

211 Mission Road, Suite 201

Contact (90)	<i>י</i>) 486-3783
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 Provides cash assistance and work services to low income families with children to help reach self-sufficiency.

Bayside Volunteer Fire Department

4606 East Rezanof Drive

Contact...... (907) 486-4536

- Free monthly training covering a variety of topics related to safety
- 1st Sat of the month at 10am

Kodiak Area Mentor Program (K.A.M.P)

Contact...... (907) 486-2919

- Formalize mentorship program under the guidance of Alaska Correction Ministries.
- Helping individuals who have been or are currently involved in the criminal justice system.

The Landing

3416 Woodland Drive – Kodiak Assembly of God

Contact...... (907) 486-3894

- For students grade 6-12
- Fun, interactive, nationally recognized mentoring program
- Thurs: Free dinner 6:30pm followed by youth meeting at 7pm

The Language Interpreter Center Alaska Immigration Justice Project (AIJP)

Website: www.akijp.org/language-interpreter-

<u>center</u>

431 West 7th Avenue, Suite 208 Anchorage, AK 99501

Contact...... (907) 279-2450

- Linking and providing qualified language interpreters to customers and organizations alike in order to assist Alaskans with limited English proficiency.
- Offers training and certifications to develop and maintain language interpreters/translators.

Senior Citizens of Kodiak, Inc.

(See Listing Under Aging Adults Services)

Alaska 211 HELP

701 West 8th Avenue, Suite 230 Anchorage, AK 99501 Website: <u>www.alaska211.org</u>

- Contact...... 1(800) 478-2221
- One-stop resource for connecting with a wide variety of vital resources in your community

Alaska Immigration Justice Project

(See Listing Under Legal Services)

Celebrate Recovery

3416 Woodland Drive – Kodiak Assembly of God

Contact...... (907) 486-3894

 International, Christ-centered program to help people recover from a number of hurts, hang-ups & habits

Last updated: December 2017~KS

• Thursday nights, 6:30pm dinner followed by recovery program at 7pm

Immigration & Naturalization 620 East 10th Avenue, Suite 102 Anchorage, AK 99501 Contact...... 1(800) 375-5283

KMXT

620 Egan Way	
Website: <u>www.kmxt.org</u>	
Contact (907) 486-3181	
Fax(907) 486-2733	

- Local public radio station
- Free advertising to Non-Profits

Kodiak Daily Mirror

1419 Selig Street	
Website: <u>www.kodiakdailymirror.com</u>	
Contact (907) 486-3227	7
Fax	3

Kodiak Public Library

612 Egan Way

Website: www.city.kodiak.ak.us/library

Contact...... (907) 486-8686

- Mon Fri10am 9pm, Sat 10am 5pm, Sun 1pm - 5pm
- Providing drop-in technology support regarding reading devices and access to online collections.
- Providing study and meeting space for interpretive, instructional and training purposes. Hosts community-wide cultural, literacy, and educational events.

The Language Interpreter Center (See Listing Under Other)

The Latin Association of Women in Alaska 2932 Mill Bay Road

Contact	(907) 942-2479
Fax	(907) 486-2605

- Latino Women's Association
- Offering services in Spanish
- Activities to encourage and help Hispanic women to develop their skills and families

St. Mary's Marian Center

2934 Mill Bay Road

- Contact..... (907) 486-3820
- Open to public, rental facility

American Red Cross

610 Mill Bay Road Website: www.redcross.org

website: <u>www.redcross.org</u>

Contact..... (907) 486-4040

- Disaster relief
- CPR classes
- Contact & Locate family

Kodiak Children's Services

316 Mission Road, Suite 215	
Contact	(907) 486-6174
Fax	(907) 486-4104

The Salvation Army

1855 Mission Road	
Contact	. (907) 486-8740
Fax	. (907) 486-2978

This is a dynamic document: Names, positions, and program information are subject to change. Please send updates and report omissions to: ETSS@kodiakhealthcare.org or call 907.486.9879.

- Family Services
- Furniture (depending on availability)
- Food Resources

- Family Counseling
- Substance Recovery
- Disaster Relief Program
- Missing Persons
- AA and NA Programs Weekly

PARENTING SUPPORT

Bayside Volunteer Fire Department

4606 Rezanof Drive East

Website: www.kodiakak.us

Contact...... (907) 486-4536

- Main contact Fire Chief Howard Rue III
- Car seats available donation requested
- Car seat checks and installation

Bradley Birthing Services

Website: <u>www.l</u>	oradleybirth.com/cathiejoirwin
Email: cathiejo	io41@bradleyteacher.com
Contact	(907) 486-2383

- Cathie Luerssen Irwin
 - o Home Birthing Services
 - o Doula Services

Kodiak Area Native Association (KANA)

(See Listing Under Healthcare Services)

KANA Infant Learning Program (ILP) (See Listing Under Children's Services)

KANA Parenting with Love and Limits

3484 Rezanof Drive East	
Contact	(907) 486-9811
Fax	(907) 486-3498
• Open to all residents of	Kodiak and villages

14/17

- Evidence-based, brief, strategic family therapy
- For teens ages 10-17 and their caregivers
- Assisting in stress reduction regarding problem behaviors

Kodiak Community Health Center

(See Listing Under Healthcare Services)

Kodiak Crisis Pregnancy Center

311 Center Avenue, Suite 211 Website: <u>www.kodiakpregnancyhelp.org</u> Email: <u>borghy@kodiakag.org</u>

Contact...... (907) 539-2229

- Offering information on adoption, parenting education, child and prenatal development and childbirth info.
- Offering free supplemental baby food and emergency formula.
- Free maternity and baby clothing.
- Referrals to other resources, advocacy, peer counseling, free baby furniture and items, diapers.

Kodiak Island Medical Associates

(See Listing Under Healthcare Services)

Kodiak Kindness

Contact...... (907) 539-2660

- Sponsored through Providence Kodiak Island Medical Center
- Available 7 days a week
- Open to all families with infants under 18 months old
- No cost for services
- Infant Nutrition Class

- 1st Thurs of each month from 6pm 7:30pm
- Services include:
 - Infant Nutrition and Breastfeeding Support
 - o Medela breast pump loans
 - o Home visits
 - o Baby weight checks

Midwifery Services – Elke Saunders, CPM

Website: <u>www.elkesaunders.com</u> Email: <u>emscpm@gmail.com</u> Owner/Operator: Elke Saunders

- Midwifery Care
- Prenatal and Postpartum care
- Fertility and Miscarriage Support
- Birth Center and Hospital Doula Support
- Water and Home Birthing
 - o Birth Tub rentals
 - o Placenta Processing
- Instruction including:
 - o Childbirth Classes
 - o Nutrition Consults
 - o Breastfeeding Instruction
 - o Pelvic Floor Training
 - o Postpartum Recovery

MOPS-Mothers of Preschoolers

(See Listing Under Children's Services)

North Sister Yoga and Ayurveda

Doula Services

- Certified Yoga instructor
- Ayurvedic practitioner

Providence Kodiak Island Medical Center (See Listing Under Education)

PREVENTION AND SUBSTANCE ABUSE SUPPORT

Careline Crisis Intervention

Website: <u>www.carelinealaska.com</u> Alaska Contact...... 1 (877) 266-4357 National Suicide Prevention Lifeline..... 1(800) 273-8255

• Contact if in a crisis, a survivor, grieving, concerned about someone, or need to talk to someone

KANA Tobacco Prevention and Control Program

3449 Rezanof Drive East

Contact...... (907)486-9824/9847

- Providing education, prevention and policy development assistance concerning all aspects of Tobacco use.
- Referral system to Alaska's Free Tobacco Quitline 1-800-QUITNOW!
- Referral to the Substance Abuse Program within KANA for those seeking help to quit using Tobacco products.
- Open to Native and Non-Natives.

Substance Abuse and Mental Health Services Administration

Website: www.samhsa.gov

National Helpline..... 1(800)662-4357

• Individuals and families facing mental and/or substance use disorders

Veterans Crisis Line

(See Listing Under Veteran Information)

SOCIAL SERVICES

KANA Parenting with Love and Limits (See Listing Under Parenting Support)

Social Security – Anchorage Office

222 West 8th Avenue, Room A11 Anchorage, AK 99513

Contact...... 1(866) 772-3081

- Providing assistance with disability and retirement applications
- Applying for Social Security cards

State of Alaska-Division of Public Assistance Heating Assistance Program

(See Listing Under Housing)

Sun'aq Tribe of Kodiak

- Support system for teens 15-17 years old suffering from abuse at home
- Provide support for LGBTQ & Two-Spirit for both youth and adults

TRANSPORTATION

KANA Van

- Contact...... (907)486-9870
- Serves KANA beneficiaries
- Hours: Mon Fri 8am 4:30pm
- Priority of transportation services: Medical, Behavioral Health and Community Services

Kodiak Area Transit System (KATS)

2014 Mill Bay Road

Website: <u>www.katsbus.org</u>

- Contact...... (907) 486-8308
- Public Transportation Hours: Mon-Fri 7am-8am & 4pm-5pm, Sun10am-3pm
- Coordinated Service Transportation Hours Mon-Fri 6:30am-6:30pm, Sat 10am-3pm
- Cost to ride is \$2.00 each way
- Scheduled service to medical appointments, work, shopping, and other activities
- To Dial-A-Ride call before 5pm the day before and before 5pm on Fri for Sat and Sun rides

Veteran Information

- Can speak about their military experience or issues with readjusting to civilian life *National Call Center for Homeless Veterans*
- Contact.....1(877)424-3838
- For veterans who are homeless or at risk of being homeless

Alaska State Ferry

Website: <u>http://www.dot.state.ak.us/amhs/</u> Email: <u>dot.amhs.customer@alaska.gov</u> *Disabled Veterans Ferry Pass*

- Must have service-connected disability
- Pass entitles veteran and an attendant (if required by physician) to a reduced fare

Alaska Department of Natural Resources

550 West 7th Avenue, Suite 1260 Anchorage, AK 99501 Website:

http://dnr.alaska.gov/parks/asp/vetpass.htm

Alaska State Park Camping Pass

- Receive 1 Camping Pass for free, good for 2 years
- Apply in person at Anchorage, Fairbanks, or Kenai
- Call to inquire about required paperwork *Land Discount*
- 25% discount on the purchase price of state residential/recreational land
- May only be used once in the veteran's lifetime

Alaska Department of Fish and Game Website:

http://www.adfg.alaska.gov/index.cfm?adfg=lic ense.military#disabled_vet

Contact......(907)465-2376 Email: adfg.license@alaska.gov

Disabled Veteran Hunting and Fishing License

- Apply online
- Disability rating of 50% or higher from VA

The American Legion

318 Center Avenue

Website: www.legion.org

Contact...... (907) 486-3258

 Assistance with VA claims, assistance in finding employment, support for current members of the military, financial advice, and Social Security assistance

Department of Motor Vehicles

2921 Mill Bay Road

Disabled Veteran Plates

- Disability rating of 50% of higher from VA
- With or without wheelchair logo parking privileges
- Plates are free

Veteran Plates

• Proof of service

Independent Living Center

Veterans Options for Independence, Choice and Empowerment (VOICE) (See Listing Under Disability Service Providers)

7/1	erans Services
2412	Hill Bay Road
Fax.	tact (907) 486-7300
	o Specialty Clinic access
	 Behavioral Health services
	 Free access to KANA gym
Vete	arane
Con [®]	Mill Bay Road tact
Con •	Mill Bay Road tact (907)486-9324 Exempt from taxation on the first \$150,000
Con •	Mill Bay Road tact (907)486-9324 Exempt from taxation on the first \$150,000 of assessed valuation